

NEW - Thrift Shop Terrific Trees Silent Auction – happening until Saturday, December 8, 2018

Prince Edward Community Care's Thrift Shop is holding a Terrific Trees Silent Auction. See the three exceptional, beautiful and unique themed trees on display at 153 Main St., Picton. Bidding closes at 2:00pm sharp on Saturday, December 8th. 100% of the funds raised support programs for seniors in Prince Edward County. www.communitycareforseniors.org

Christmas Meal with all the trimmings - December 5th in Picton

Come on out and enjoy great food and conversation with old and new friends on Wednesday, December 5th at 12 noon. The menu for this Seniors Luncheon Social features a traditional Christmas meal of homemade soup, turkey with cranberry sauce, potatoes, stuffing, vegetables, dessert, bread and butter, coffee and tea and will be catered by Bill Grieve, the chef with Wheel House and Occasions Catering. The cost is \$10.00 per person. This event is sponsored by The Prince Edward County Community Care for Seniors Association and will be held in the Picton Town Hall. There is an elevator for those who need it. This event will also include some Christmas themed activities you won't want to miss. Reserve by the Tuesday prior at 12 noon by calling 613-476-7493. Take-out meals are available. This meal can also be delivered to seniors in Picton. www.communitycareforseniors.org

Christmas Meal with all the trimmings - December 12th in Hillier

Come on out and enjoy a festive Christmas meal with old and new friends on Wednesday December 12th at 12 noon. The menu for this Seniors Luncheon Social features a traditional Christmas meal of homemade soup, turkey with cranberry sauce, potatoes, stuffing, vegetables, dessert, bread and butter, coffee and tea and will be catered by Bill Grieve, the chef with Wheel house and Occasions Catering. The cost is \$10.00 per person. This event is sponsored by The Prince Edward County Community Care for Seniors Association and will be held in the Hillier Town Hall. This event will also include some Christmas themed activities that you won't want to miss. Reserve by the Tuesday prior at 12 noon by calling 613-476-7493. Take-out meals are available. This meal can also be delivered to seniors in Hillier. www.communitycareforseniors.org

Christmas Meal with all the trimmings – December 19th in Milford

Come on out and enjoy a festive Christmas meal with old and new friends on Wednesday, December 19th at 12 noon. The menu for this Seniors Luncheon Social features a traditional Christmas meal of homemade soup, turkey with cranberry sauce, potatoes, stuffing, vegetables, dessert, bread and butter, coffee and tea and catered by Bill Grieve, the chef with Wheel House and Occasions Catering. This event will include some Christmas activities that you won't want to miss. The cost is \$10.00 per person. Reserve by the Tuesday prior at 12 noon, 613-476-7493. Take-out & delivery available. Sponsored by The Prince Edward County Community Care for Seniors Association and will be held in Milford Town Hall. www.communitycareforseniors.org

Community Care office will be closed from 12noon to 4:30 pm - Thursday, December 20th

The Prince Edward Community Care office will be closed for a Christmas event on Thursday, December 20th from 12noon to 4:30 pm. www.communitycareforseniors.org

Prince Edward Community Care Holiday Hours

The Prince Edward Community Care office will close at 12 noon on Monday, December 24th. The office will be closed on Tuesday December 25th for Christmas and Wednesday, December 26th for Boxing Day. The office will also be closed on Tuesday, January 1st for New Year's Day. Meals on Wheels will be delivered as usual throughout the holidays. www.communitycareforseniors.org

Community Care's Thrift Shop Christmas Hours

Prince Edward Community Care's Thrift Shop will be closed on Tuesday, December 25th and Wednesday, December 26th for the Christmas holiday. www.communitycareforseniors.org

Prince Edward Community Care New Year's Office Hours

The office will be closed on Tuesday, January 1st for the New Year's holiday. Meals on Wheels will be delivered as usual. www.communitycareforseniors.org

Community Care's Thrift Shop New Year's Hours

Prince Edward Community Care's Thrift Shop will be closed on Tuesday, January 1st, for the New Year's holiday. www.communitycareforseniors.org

Gift Ideas at Prince Edward Community Care

At Christmas or at any time of the year you can honour someone with a donation to Prince Edward Community Care for Seniors. A card acknowledging your donation will be sent to the recipient. Gift Certificates are available for Community Care programming such as foot care or Meals on Wheels; for buying goods at the Thrift Shop; or for a membership in the County Seniors Centre. Drop by the office at 74A King Street in Picton or call 613-476-7493. www.communitycareforseniors.org

Thrift Shop Gift Certificates

Purchase gift certificates in \$5.00 denomination to be used at Community Care's Thrift Shop, 153 Main Street in Picton. Get the gift certificates at the Prince Edward Community Care office at 74A King Street in Picton. For more information call 613-476-7493 or email info@communitycareforseniors.org

Income Tax Program – starts March 1, 2019

Prince Edward Community Care volunteers will complete 2018 income tax returns for seniors who live in Prince Edward County starting on March 1, 2019. If you are a senior 60+ whose single income is \$30,000 or lower or whose household income is \$40,000 or lower, you may be eligible for help through this program. Volunteers have been trained by Canada Revenue Agency to complete Income Tax Returns for eligible clients. Volunteers do not complete income tax and benefit returns for: deceased persons; resident of Long-term Care homes; bankrupt individuals; for those with more than \$1000 of investment income; for individuals with capital gains/losses; or for people with business or rental income and expenses. There is no charge, donations are encouraged. For information call 613-476-7493. www.communitycareforseniors.org

Immediate opening for a Reception Volunteer

If you enjoy a fast pace in a changing environment the Community Care reception desk might be for you. Three hours a week is all it takes to get involved in this volunteer position. Orientation is provided and staff support is readily available. Contact Prince Edward Community Care today and start the conversation about volunteering - 613-476-7493 or info@communitycareforseniors.org

County Seniors Centre

The Prince Edward County Community Care for Seniors Association operates the County Seniors Centre. Through this initiative Community Care offers social and recreational activities close to where County seniors live. Membership in the County Seniors Centre is \$25.00/year/person. For a membership application form and a full schedule of upcoming programming see the special page on the website at www.communitycareforseniors.org, like the Facebook page (search for County Seniors Centre), drop in at 74A King Street in Picton, call 613-476-7493 or email info@communitycareforseniors.org.

Help around the home for seniors

Seniors who need help with chores at home, either inside or out, can call Prince Edward Community Care. The agency has carefully screened workers at reasonable rates. Help is available with home maintenance, light and heavy housework, snow shovelling, meal preparation, and daytime/overnight respite. For information on this service call the Prince Edward Community Care office located at 74A King Street, Picton at 613-476-7493. www.communitycareforseniors.org

Income Tax Volunteers are needed

The Prince Edward County Community Care for Seniors Association has been participating in the Community Volunteer Income Tax Program (sponsored by Canada Revenue Agency) for 30+ years. If you like helping people and doing income tax then this volunteer position might be for you. Time commitment is 4-6 hours a week during March and April. When you volunteer with the Community Volunteer Income Tax Program (CVITP), you are helping seniors 60+ in your community prepare their income tax and benefit return. If you have a basic understanding of income tax, you can volunteer with Community Care for Seniors to complete returns for seniors who have a modest income and a simple tax situation. This helps seniors maintain access to uninterrupted benefit payments. For more information or to register as a volunteer contact Community Care for Seniors at 613-476-7493 or email info@communitycareforseniors.org

Rossmore Foot Care Clinic

Prince Edward Community Care for Seniors offers a Foot Care Clinic in Rossmore. Professionally trained nurses provide foot care in a clinic setting. The Ameliasburgh Clinic is in addition to the clinics held in Wellington and Picton. Seniors who have trouble trimming their nails or are concerned about foot care can call Prince Edward Community Care for an appointment at 613-476-7493.

www.communitycareforseniors.org

Friendly Visiting Volunteers

Prince Edward Community Care for Seniors is currently looking for volunteers to visit seniors. To volunteer call 613-476-7493 and start the conversation. www.communitycareforseniors.org

Volunteers Needed

Volunteer opportunities available now: help out at Prince Edward Community Care's Thrift Shop, 3 hours a week; drivers are needed to take seniors to medical appointments; volunteer visitors; reception desk volunteers in the Picton office or at foot care clinics in Wellington and Rossmore; and with the County Seniors Centre. Flexible scheduling. Snowbirds welcome. Call 613-476-7493 and start the conversation about volunteering.

Hot Meals on Wheels available from Cherry Valley to Carrying Place and everywhere in between

Delivery to the door of a hot nutritious noon-time meal is available Monday thru to Friday in Picton, Tuesday and Friday in Cherry Valley, Monday Wednesday, Friday in Bloomfield, Wellington, Consecon, Carrying Place and environs. This means seniors have regular contact with a volunteer to help them stay safe and well in their own home. Call the Prince Edward Community Care office to learn about this and other services to help seniors live at home. Call 613-476-7493. www.communitycareforseniors.org

Route Reassurance Program

This free program is available through a partnership with Canada Post and the Canadian Union of Postal Workers. Prince Edward Community Care can arrange for your mail courier en route to keep a watchful eye on your home to help keep you safe. This free service offers added safety and security to those living on rural routes. To participate, call Prince Edward Community Care at 613-476-7493.

Support Prince Edward Community Care

Your donation will help seniors in The County *live* at home. Contact Community Care at 74A King Street, Picton, 613-476-7493, info@communitycareforseniors.org or www.communitycareforseniors.org

Seniors Luncheon Social Volunteers

Prince Edward Community Care for Seniors is currently looking for volunteers to assist with the set-up, serving and cleanup of Senior Luncheons in Prince Edward County. If you would like to meet people in your community and have two hours once a month to give then call 613-476-7493 for more information. www.communitycareforseniors.org

Ontario Energy Support Program

Do you have a high hydro bill? The Ontario Energy Support Program (OESP) is a program that can provide help for low-income seniors 60 and over, who are eligible. An eligible household (\$28,000 or less for one person or \$28,001 - \$39,000 for a two person household) can receive between \$45-\$113 monthly credits on their hydro bill. Staff at Prince Edward Community Care can answer questions and help submit the OESP application. If you have received Renewal and Information letters from OESP, staff can help facilitate this renewal process. Please call 613-476-7493 or go to www.OntarioElectricitySupport.ca for more information. www.communitycareforseniors.org

Delivery to the door of nutritious meals for seniors

Delivery to your door of a hot nutritious noon-time meal means daily contact with a volunteer to help you stay safe and well in your own home. Regular delivery of frozen meals can make it easier on those days when meal preparation is a monumental task – just pop a low sodium, high quality and tasty meal into the microwave and enjoy. Prince Edward Community Care offers both hot and frozen meals to seniors and to clients of Hospice Prince Edward or the Alzheimer Society of Prince Edward County. For information on delivery days for hot and frozen Meals on Wheels or to refer someone, call 613-476-7493. Staff can make home visits to explain this and other services. www.communitycareforseniors.org

Donate used items to Community Care's Thrift Shop

Good used clothing for the whole family, shoes and linens can be donated at 153 Main Street in Picton, Monday 1pm – 4 pm and Tuesday to Saturday 10am-4pm. You can donate other good used household items too including sports equipment, furniture, knick knacks, seasonal items, jewellery, toys and housewares. Prince Edward Community Care's Thrift Shop helps to reduce, recycle and enables others to reuse. 100% of the proceeds help County seniors *live* at home. For more information call the Thrift Shop at 613-476-1555. To volunteer, call 613-476-7493. www.communitycareforseniors.org

iPad Visiting

Seniors – this is a chance to have a face to face visit with family and friends who live a long way away. The Prince Edward Community Care offers iPad “facetime” visiting to seniors to facilitate connections with family and friends. A trained volunteer will bring the tablet and access to the internet, too. The senior just needs to arrange a time when they can visit with their family/friend. For more information about the program, call Community Care at 613-476-7493. www.communitycareforseniors.org

Seniors - need a ride to medical and other appointments?

Prince Edward Community Care offers an escorted transportation program that can maximize your independence with affordable rates, punctuality, personalized service and friendly drivers. Whether you need to travel locally or out of town, this service gets you where you need to go. The volunteer waits with the client while they are in the appointment. Notice of 2-3 days in advance is necessary, same day trips are not available. Call Community Care at 613-476-7493. www.communitycareforseniors.org

Volunteer Drivers Needed

Volunteer Drivers escort seniors to medical appointments and essential shopping. If you enjoy driving and meeting people, Prince Edward Community Care for Seniors staff want to discuss with you volunteer opportunities tailored to your availability. The life you change may be yours! Community Care's volunteers support seniors to *live* at home. www.communitycareforseniors.org

Seniors Centre Volunteers

If you have a few hours a week you might be interested in helping with the County Seniors Centre. Call the Community Care office at 613-476-7493 to start the conversation about programs that you might help with.

Telephone Reassurance Program

Prince Edward Community Care has supportive volunteers that can offer companionship, encouragement and warm friendly conversation to seniors to help alleviate loneliness and help keep people safe. A daily phone call can help maintain independence. To participate, call Prince Edward Community Care at 613-476-7493. www.communitycareforseniors.org

Homemaking

Seniors who need help with laundry, meal preparation, light cleaning and running errands can arrange for carefully screened workers to come to the home for a reasonable fee. Contact the Prince Edward Community Care office at 74A King Street, Picton, or call 613-476-7493 for more information. www.communitycareforseniors.org

iPad Visiting – volunteers are needed

Volunteers are needed to help seniors have a face to face visit with family and friends who live a long way away. The Prince Edward County Community Care for Seniors Association is offering iPad “facetime” visiting to seniors to facilitate connections with family and friends. Trained volunteers will take to the seniors home the iPad and a turbo stick for access to the internet. The senior just needs to arrange a time when they can visit with their family/friend. Training for volunteers will be provided by Libraries of PEC. For more information about the program and to start the conversation about becoming a volunteer call Prince Edward Community Care at 613-476-7493. www.communitycareforseniors.org